



Zion Lutheran School

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Burrito with Queso Cheese Salad Corn Fruit Milk	3 French Toast Sausage Sweet Potato Fries Raw Veggies Fruit, Milk	4 Mozzarella Sticks Pizza Sauce Green Beans Salad, Fruit Milk	5 Shredded BBQ Pork/Bun Pretzels Baked Beans Baby Carrots Fruit, Milk	6 NO SCHOOL District Teacher Con.
9 NO SCHOOL Columbus Day	10 Cheese Pizza Salad w/tomatoes Fruit Rice Krispie Treat Milk	11 Straw Hat Salad w/tomatoes Fruit Mex S'mores Milk	12 Pork Roast Mashed Potatoes Gravy Corn Fruit Biscuit, Milk	13 Hotdog/Bun Tater Tots Baked Beans Fruit Cookie Milk
16 Chicken Noodle Soup PB&J Sandwich Carrots Raw Veggies Fruit, Milk	17 Cheeseburger on a Bun French Fries Baked Beans Fruit Milk	18 Meatball Sandwich Goldfish Salad Fruit Milk	19 Chicken Nuggets Potato Smiles Green Beans Fruit Milk	20 Chicken & Cheese Quesadilla Corn Salad Fruit Milk
23 Corndog Tater Tots Baked Beans Fruit Brownie Milk	24 Pizza Stick Salad Fruit Animal Crackers Milk	25 Pancakes Sausage Sweet Potato Fries Raw Veggies Fruit, Milk	26 7H Choice Tacos Breadstick Salad Fruit Platter Ice Cream Sandwich Milk	27 Deli Sandwich Corn Chips Baby Carrots Fruit Milk
30 Spaghetti with Meat Sauce Breadstick Salad Fruit Milk	31 Chicken Patty on a Bun Tater Tots Baked Beans Fruit Milk			Lunch: \$2.55 Milk Only: \$.35 Adults: \$2.80

Important Information:

This institution is an equal opportunity provider.